

SUGGESTED READING:

Many families have found the books listed below to be helpful. Almost all of them are available through my lending library. I have many, many more books than I have listed here. I don't want to overwhelm you, but please let me know if you want to know more about a topic that is not listed and I am sure that I have a book for you!

FERTILITY

Taking Charge of your Fertility by *Toni Weschler*

PREGNANCY, LABOR AND BIRTH

Pregnancy, Childbirth, and the Newborn by *Penny Simkin*

The Birth Book by *William Sears*

The Birth Partner by *Penny Simkin*

Ina May's Guide to Childbirth by *Ina May Gaskin*

Gentle Birth Choices by *Barbara Harper & Suzanne Arms*

The Doula Guide to Birth by *Ananda Lowe and Rachel Zimmerman*

The Thinking Woman's Guide to a Better Birth by *Henci Goer and Rhonda Wheeler*

PARENTING AND INFANT CARE

Becoming a Father by *William Sears*

Mothering the New Mother by *Sally Placksin*

Touchpoints by *T. Barry Brazleton & Joshua D. Sparrow*

Having Twins and More by *Elizabeth Noble*

Happiest Baby on the Block by *Harvey Karp*

The Baby Book by *William Sears*

Your Amazing Newborn by *Marshall Klaus & Phyllis Klaus*

BREASTFEEDING

Breastfeeding Made Simple by *Nancy Mohrbacher & Kathleen Kendal-Tackett*

The Womanly Art of Breastfeeding by *La Leche League International*

Working Mother, Nursing Mother by *Gale Pryor and Kathleen Huggins*

The Milk Memos (breastfeeding and working moms) by *Kate Colburn-Smith & Andrea Serette*

SLEEP BOOKS

The No Cry Sleep Solution by *Elizabeth Pantley*

The Baby Sleep Book by *William Sears*

BABY GEAR

Baby Bargains by *Denise Fields and Ari Brown* (check for the newest editions)

VACCINES

The Vaccine Book by *Robert Sears*

OTHER

Motherless Mothers by *Hope Edelman*

When Survivors Give Birth by *Penny Simkin*